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5 Tips on How to Make the Right Choice

- 1 This choice isn't life-altering.
- 2 Weigh and balance your options, but do act.
- 3 Seek advice from trusted others, but tailor your actions to suit your circumstances.
- 4 If it doesn't work, do something else.
- 5 Find your best time to think about your choices.

[PsychCentral: blog : 5-tips-on-how-to-make-the-right-choice](#)

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The seven-step strategy is: